

Japanese Swordsmanship Experience Seminar

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Group activities

- This project specializes in kenjutsu (Japanese swordsmanship) through various Japanese cultural experiences.
- It is only through this seminar that you can experience the authentic samurai experience of **gekken**.

(Gekken is an exciting form of classical Japanese fencing that is especially popular with foreigners and is very exciting.)

- This project has three highlights: test cutting, gekken and traditional Japanese armor.
- We can accommodate groups of less than 10 to 50 or more.
- Seminar times are arranged according to your schedule.
- In addition to the basic course, contents of the seminar can be modified upon request.
- Please drop in while sightseeing in Tokyo, Enoshima, Kamakura, Hakone or Mt.Fuji

Content of Seminar (This proposal is for groups of 50 people)

- Lecture on Japanese swords
 - About the various types of swords
 - Construction of the Japanese sword
 - Live disassembly of the sword to deepen participants' understanding of the Japanese sword.
 - Test cutting demonstration
 - Lesson on how to properly swing a Japanese sword using a practice sword
 - Test cutting with a real Japanese sword
 - Gekken sparring
 - Photo shoot wearing Japanese armor
 - (One representative can wear the armor)
- * Certificate of completion (Will be provided if requested)

Lecture on Japanese swords 1

Explanation of the construction of the Japanese sword (Participants will be asked questions at various points through the lecture)



Sword will be dissembled and participants can handle the sword

(Even Japanese people rarely have the chance to handle a real sword.)



Lecture on Japanese swords 2

Explanation on how to handle the sword



Quiz about the weight of a sword

(Everyone in the front row may hold the sword to guess its weight)



Demonstration

1 : First, cut from below



2 : Cut the remaining part horizontally



Divide participants into two groups

(After finishing the first experience, groups will switch activities)

Instruction for Team A (Test cutting)



Explanation of rules for Team B (Gekken sparring)



Team A (Test cutting : practice swing)

Learn how to swing with a practice sword



Participants will receive instructions before they try cutting



Team A (cutting : actual cut)

If there are many participants, two will cut at a time



Even women can cut without problems when the sword is swung at the correct angle



Team B (Gekken : Explanation of Rules)

Participants will become familiar with which areas of the body can be targeted



Explanation of basic style



Team B (Gekken : match 1)

Practice Japanese martial arts "start with a bow and end with a bow"



The match is quite exciting (Strikes to the head are prohibited, but participants wear a helmet for safety : We will prepare about 10 helmets. Helmets are wiped clean with a sanitizing sheet and dried between uses)



Team B (Gekken : match 2)

The moment the winner is declared



Sometimes they hug in honor of good work



Team B (Gekken : other)

In my experience, participants often get along with opponents after an intense match with each other



Create tournaments to make the matches more exciting (It's a good idea to give prizes to the winners : This time we provided a special Japanese towel)

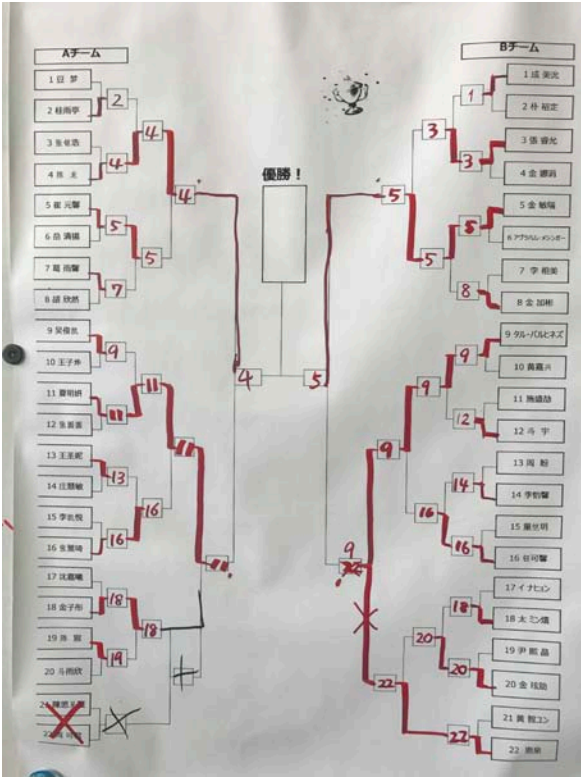


Photo shoot in samurai armored 1

Photographed during Gekken matches

(It may be boring to watch the other matches, so it is a fun plan during that time)

Dressing the representative in armor



Jinhaori is prepared for photographing



Photo shoot in samurai armor 2

Take a photo with your favorite pose



Japanese samurai atmosphere comes out when you wear a helmet and Jinbaori



Photo shoot in samurai armor 3

Not just armor



Please take as many photos as you want to look back on or to share this unique memory with friends and family



After each experience, team A and team B will switch activities

Team A (test cutting) switches to Gekken sparring and photography

- Explanation of gekken rules as done for Team B

Team B (Gekken sparring) switches to test cutting

- Instruction on cutting as conducted for Team A

Swordplay experience time schedule

time	Team A(25 people)	Team B(25 people)	Armor corner
5min	Greetings, self introduction, notes		
5min	Demonstration		
20min	Japanese sword lecture		
15min	Sword swinging instruction with practice sword	Gekken match	Team B
40min	Test cutting		Commemorative photo taken at the photo corner of the participant who lost in the Gekken match (You can wear a helmet and a jinbaori)
5min	Clean up		
5min	break		
15min	Gekken match	Sword swinging instruction with practice sword	Team A
40min		Test cutting	Commemorative photo taken at the photo corner of the participant who lost in the Gekken match (You can wear a helmet and a jinbaori)
5min		Clean up	
5min	Gekken tournament finals (Top participants)		
5min	Closing words and the end of seminar		

About the locations and fees according to the number of participants

- For groups of 10 or less (no need to divide up into groups)
Toyama-Ryu Headquarters Dojo:3-14-14-3F, Haramachida, Machida-city,Tokyo
 - For groups of 11 or more
Machida City Cultural Exchange Center, etc.
- * It is also possible to conduct the seminar at a location of your convenience

Certificate of completion(If you want)

If you let us know the date and names in advance, certificates can be printed and distributed on the day of the seminar



Planner

住田嘉興 (Sumida Yoshioki)



- Toyama Ryu Bizen Association Chairman
- All Japan Toyama Ryu iaido Federation
6th degree ranked Teacher
- Toyama Ryu Seizankai Headquarters dojo
4th degree ranked Teacher
- Yabusame (Japanese horseback archery)
practitioner

I am working to spread authentic Japanese culture, especially Japanese swords and swordsmanship, to the next generation and the world.